



ACTIVE TRAVEL
for CULTURAL
EXPLORERS



Swiss Alps



JOHNS HOPKINS
UNIVERSITY

June 26 – July 4, 2019



Inspiring Moments

A World Apart

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers, who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. The regional expertise of your guides and lecturers shines in their insider perspective and commentary.

The scenes of your Switzerland story take place in a setting of unsurpassed beauty. Inhale the perfume of flower-strewn meadows, stroll through traditional Swiss villages and witness impossibly turquoise lakes and high mountain trails within the heart of Europe.

- ▶ Immerse yourself in the **soul-stirring beauty of the Bernese Oberland.**
- ▶ Explore **Switzerland's natural treasures** by train, boat and on foot.
- ▶ Marvel at the sparkling, turquoise waters of **Lake Thun** during a cruise.
- ▶ Hike through the **Lauterbrunnen Valley**, relishing the fresh mountain air and picturesque views.
- ▶ Ride a steam train through stunning scenery to the top of **Brienzer Rothorn.**
- ▶ Admire the majesty of the Bernese Oberland giants: **the Eiger, Mönch and Jungfrau mountains.**



Dear Johns Hopkins Alumni and Friends,

Embark on an unforgettable journey through the majestic Swiss Alps. Tucked into the cultural and geographic heart of Europe, Switzerland nourishes the soul with its breathtaking mountains, crystalline lakes and crisp Alpine air. Stay for seven nights in Thun, a quintessential Swiss town with stunning mountain views and a charming historic district, and spend your days discovering the treasures of this epic destination.

Explore the Bernese Oberland by train and boat, including a ride on a steam train to the highest peak of the Emmental Alps. Stroll through picture-perfect towns, where flower-filled window boxes adorn gingerbread chalets, and discover the fairy-tale cities of Bern and Lucerne, where red-tile roofs and delicate church spires fill the skylines. This and much more awaits you!

Enjoy enriching lectures, exciting excursions and camaraderie with your fellow travelers on this thrilling Swiss adventure! This program combines the unbeatable value and convenience of group travel with plentiful opportunities to experience Switzerland's great outdoors. We encourage you to make your reservations today!

Sincerely,

Marguerite I. Jones

Marguerite I. Jones, A&S '74, Bus '88
Travel Program Director,
Office of Alumni Relations
The Johns Hopkins University

AHI: 800-323-7373

www.alumni.jhu.edu





Lauterbrunnen Valley

Day 1

In Transit

Depart your gateway city for Zürich, Switzerland. ↗

Day 2

D

Zürich, Switzerland | Thun

Upon arrival, transfer ↗ to Thun and check in to the Hotel Freienhof.

Discovery: Welcome to Thun! Thun, a classic Swiss village in the Bernese Oberland, is ideal for exploring on foot. Join your Travel Director for an introductory tour of this energetic town, and stroll by the medieval castle, the town hall and other highlights.

Gather for a Welcome Reception and Dinner with your fellow travelers this evening.

Day 3

B | L

Lake Thun | Oberhofen | Spiez

Enrichment: Introduction to

Switzerland. Join a local lecturer to learn about the history of Switzerland, and discover what makes this mountainous country unique among its European neighbors.

Discovery: Majestic Lake Thun. Cruise on crystal-clear Lake Thun to the village of Oberhofen. Relax in the crisp air while sailing by fishing villages, castles and Swiss chalets nestled on the bucolic lakeside. Disembark in



Lake Brienz

Oberhofen and witness the Neo-Gothic and Turkish architectural styles of the 13-century castle. Continue to lovely Spiez and enjoy lunch near the lake. Following lunch, take advantage of time at leisure to see the sites of this quintessential Swiss town at your own pace, including a castle and a 1,000-year-old Romanesque church. You may wish to take a stroll along the promenade or soak up the tranquility of the peaceful marina.

Free Time: Return to Thun and spend the remainder of the day at leisure.

Day 4

B

Bern

Discovery: Bern. Visit the historic Swiss capital of Bern, beginning with a guided walking tour. Some of the city's most popular sites include the Clock Tower, Einstein House and the Cathedral of Bern, a stunning example of late Gothic architecture.

Free Time: Enjoy free time for lunch in Bern. Perhaps sample a "Berner Platter," a dish of meats, sauerkraut, beans and potatoes. For a sweet, try meringue topped with whipped cream. After lunch, make your own discoveries and adventures in Bern.

Enrichment: Wines of Switzerland. Delight in tasting Swiss wines while learning about the country's acclaimed wine industry.



ACTIVE TRAVEL for CULTURAL EXPLORERS

This program is moderately paced with a good balance of included activities and excursions and time to explore on your own.

Travelers should be physically fit, able to walk distances of up to 3-5 miles, exit and enter trains quickly and navigate stairs, hills and uneven terrain.



Rothorn steam train

Day 5

B | L

Kandersteg | Lake Oeschinen

Enrichment: Mountaineering. Gain insight into the country's tradition of Alpine climbing.

Discovery: Lake Oeschinen. Journey by train to Kandersteg, where a gondola whisks you 5,200 feet above sea level.

Hike through a storybook setting of pine forests, mountain-ringed meadows filled with fragrant orchids and edelweiss, and gentle cows and sheep grazing on hilly slopes. Upon arrival near the glacial waters of Lake Oeschinen, pause to take in the mesmerizing view surrounding you.

Return to Kandersteg to savor a hearty lunch.

Day 6

B | D

Lauterbrunnen Valley | Mürren

Discovery: Lauterbrunnen Valley.

Enjoy a train journey to the idyllic Lauterbrunnen Valley. Delight in a cable car ride to Grütschalp and hike onward to Winteregg and Mürren. Mürren, a pretty, car-free town, sits on a plateau 2,788 feet above Lauterbrunnen. On a clear day, you might witness the dramatic North Face of the Eiger peak, as well as the peaks of Mönch and Jungfrau. You will have sufficient free time to revel in the scenery and enjoy the ambience. If you're a James Bond fan, you may wish to ride the cable car (at an additional cost) up the Schilthorn, which was featured in "On Her Majesty's Secret Service." Later, descend from Mürren by aerial cable car, taking in the soul-stirring panoramas.

Tonight, enjoy dinner in Thun. Swiss cuisine is a medley of delectable flavors, such as cheese fondues, classic potato dishes, lamb or pork stews, and rich desserts.



Oberhofen Castle, Thun

🌐 **AHI Connects: Celebrate Swiss Culture.**

During dinner, a local folkloric singing group entertains you with Swiss folk songs and the Alpenhorn.

Day 7

B

Thun

Free Time: Join today's Elective Activity to Lucerne or enjoy a full day at leisure in Thun.

🌐 ELECTIVE | Lucerne. Begin the day with a train ride to Lucerne, where cobblestone streets and slender spires evoke the fairy-tale image of a Swiss town. Enjoy a guided tour of the medieval Old Town and the covered bridges. Then, craft your own path in Lucerne during time at leisure. The city is filled with old churches, charming shops and restaurants with alfresco seating. Return to Thun on the train.

Day 8

B | L | D

Brienz | Rothorn

Discovery: Brienz and the Rothorn.

Brienz is world-renowned for its wooden chalets and Alpine backdrop. The village is steeped in centuries of wood-carving tradition and you may encounter some of this storied practice, such as carved road signs and sculptures, during a walking tour through the pretty town. At the Brienz Rothorn Railway



UNESCO World Heritage

1. Swiss Alps Jungfrau-Aletsch
2. Old City of Berne

station, board a steam train for a breathtaking ride past forests, meadows and rock walls to the top of the Rothorn. Relax over lunch with a view! Breathe in fresh mountain air and take in panoramas of glittering lakes and mountains during a tasty meal with your fellow travelers. Return to Brienz, followed by a cruise on Lake Brienz to Interlaken. Celebrate your Swiss journey at a Farewell Reception and Dinner.

Day 9 B

In Transit

After breakfast, transfer to Zürich airport for the return flights to your gateway city.✈

Note: Itinerary may change due to local conditions. Travelers should be physically fit, able to walk distances of up to 3-5 miles, exit and enter trains quickly and navigate stairs, hills and uneven terrain.

✈ Transfers and flights included for AHI FlexAir participants.

B|L|D denotes included breakfasts, lunches and dinners.

🌐 Elective experiences available at an additional cost.

Accommodations

(with baggage handling)

- **7 nights** in Thun, Switzerland, at the first-class Hotel Freienhof.

Extensive Meal Program

- 7 breakfasts, 3 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.

Your One-of-a-Kind Journey

- Expert-led **Enrichment programs** enhance your insight into the region.
- **Discovery excursions** highlight the local culture, heritage and history:
 - Encounter the classic town of Thun.
 - Cruise Lake Thun and tour Oberhofen.
 - Enjoy Bern, the historic Swiss capital.
 - Journey via train to Kandersteg and ride a gondola toward Lake Oeschinen.
 - Hike through the Lauterbrunnen Valley.
 - Delight in joyful Swiss folk music.
 - Discover Brienz’s woodcarving heritage and journey to the Rothorn summit.
- 🌐❤️ **AHI Connects:** Local immersion.
- A mountain guide to lead hiking excursions.
- Custom Swiss rail pass.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.



AHI Travel Expertise

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

Before you go:

- ▶ **Travel Consultants** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ▶ **Passenger Service Representative** | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.
- ▶ **Travel Information** | Receive extensive destination information and travel tips compiled by our travel-savvy team to prepare you fully for your journey.

Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. From suggesting the best café or pub to sharing a laugh over the stories of the day, our dedicated team takes your adventure to the next level.

- ▶ **Travel Director** | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and simply soak up the ambience. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you enjoy an unforgettable travel experience.
- ▶ **Expert Guides** | Who better to show you around than the people who live there? We've specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **Lecturers** | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.



HOTEL FREIENHOF | THUN



The Freienhof Hotel is conveniently situated within the old town area of Thun, a solid base for exploring the town and lake. Indulge in a drink or a snack in the Escape Bar, and weather permitting, meals can be enjoyed on the hotel's terrace with scenic river views. For traditional à la carte dining, the waterfront Restaurant Freienhof serves regional specialties and fresh fish from nearby Lake Thun. Wi-Fi is complimentary.

Reserve your Swiss Alps trip today!

Trip #:4-24583W

Send to Swiss Alps
The Johns Hopkins University
c/o AHI Travel
International Tower-Suite 600
8550 W. Bryn Mawr Avenue
Chicago, IL 60631

Please contact AHI Travel at **800-323-7373** with questions regarding this tour. For questions regarding Johns Hopkins, please call **800-JHU-JHU1(548-5481)** or Email: **travel@jhu.edu**.

Full Legal Name (exactly as it appears on passport)

1) _____
Title First Middle Last Date of Birth

Email: _____

2) _____
Title First Middle Last Date of Birth

Email: _____

Street Address: _____

City: _____

State: _____ ZIP: _____

Home: (_____) _____ Cell: (_____) _____

Sharing with _____ (Form sent separately)

I/we authorize you to make my/our reservations as follows:

Land Program and AHI FlexAir

I/we reserve the Land Program and request the round-trip AHI FlexAir to Zürich, Switzerland, to depart from:

Departure City

Land Program

I/we will make my/our own air arrangements and transfers.

Single Accommodations

- I prefer single accommodations at an additional \$595 (limited availability).
- I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **April 12, 2019** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Note: A small portion of the cost of your trip supports the Johns Hopkins Alumni Travel Program.

Eligibility: At least one member of the traveling party is required to make a sustaining financial contribution of \$50 or more to the Johns Hopkins Alumni Association within the fiscal year. Please visit alumni.jhu.edu/support.

I understand the conditions stated in this brochure and submit my reservation as indicated.

Signature _____ Date _____

Enclosed is a deposit of _____ (\$600 pp required) to reserve _____ place(s).

Accept my check made payable to **AHI Travel**.

Charge my: MasterCard Visa Discover Amex Expires _____/_____/_____

Card # _____

(Signature as it appears on credit card)

Please note: Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out herein, including but not limited to the cancellation terms.

PROGRAM DATES

Air Program dates: June 26 – July 4, 2019

Land Program dates: June 27 – July 4, 2019

LAND PROGRAM

Full Price	Special Savings	Special Price*
\$3,245	\$250	\$2,995

*Special Price valid if booked by the date found on the address panel.

VAT is an additional \$295 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

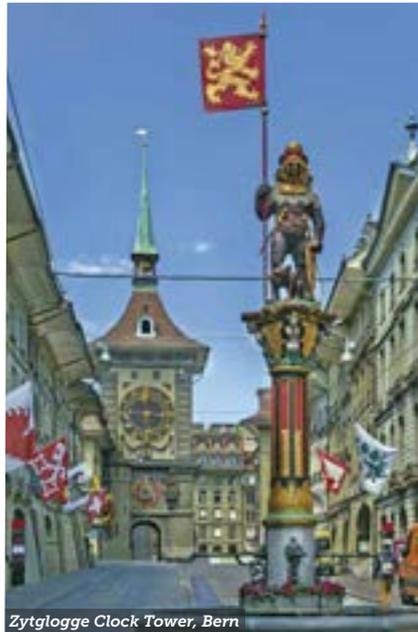
Single accommodations are an additional \$595 (limited availability).

Let us arrange your flights!

✈ **AHI FlexAir** | Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ▶ **price guarantee** to protect you from fuel surcharge increases after ticket purchase.
- ▶ arrival and departure **transfers** on most flights.
- ▶ **flexibility** to change or cancel your reservations without penalty up to 60 days before departure on most flights.
- ▶ **assistance** in the event of schedule changes or delays.
- ▶ flight insurance worth up to \$250,000, subject to policy terms.

**Travel stress-free
with AHI FlexAir.**



Zytglogge Clock Tower, Bern

ULTIMATE FLEXIBILITY-The AHI Travel Passenger Protection Plan offers an **Any Reason Cancellation** feature. Don't worry! Travel happy!

NOT INCLUDED-Fees for passports and, if applicable, visas; entry/departure fees; personal gratuities; laundry and dry cleaning; excursions, wines, liquors, mineral waters and meals not mentioned in this brochure under included features; travel insurance; all items of a strictly personal nature.

MOBILITY AND FITNESS TO TRAVEL-The right is retained to decline to accept or to retain any person as a member of this trip who, in the opinion of AHI Travel is unfit for travel or whose physical or mental condition may constitute a danger to themselves or to others on the trip, subject only to the requirement that the portion of the total amount paid which corresponds to the unused services and accommodations be refunded. Passengers requiring special assistance, including without limitation those who permanently or periodically use a wheelchair, must be accompanied by someone who is fit and able to assist them, and who will be totally responsible for providing all required assistance.

AIR TRANSPORTATION-The price of air transportation offered by AHI Travel is based on Advance Purchase Excursion fares. After tickets are issued, penalties up to 100% of the ticket price may be levied. If connecting flights are requested, special promotional fares may be used, in which case penalties of as much as 100% may be assessed by the airlines if reservations are changed or canceled after ticketing. After departure, if the reservations are changed, you will be charged the higher, all year Economy class fare.

VARIATIONS TO THE GROUP ITINERARY MUST BE REQUESTED NO LATER THAN 60 DAYS PRIOR TO DEPARTURE. Passengers who choose to make their own airline reservations independently will be wholly responsible for arrival and departure transfers, and any airline fees or penalties incurred as a result of program cancellation and/or change in travel dates, or airline schedule(s).

BAGGAGE-Baggage restrictions vary according to the airline policy and the class of service flown. Details will be provided with your pre-departure information. Baggage allowances are subject to change by the carrier without notice. Excess baggage charges for additional or oversized/overweight pieces are expensive and not included in your trip price; plan your wardrobe accordingly. Transport of baggage and personal effects is at the owner's risk throughout the travel program.

AUTHORITY TO USE IMAGES AND AUDIO RECORDINGS-On occasion, AHI Travel obtains, from its staff, or from trip participants, photographic or video images of passengers and trip activities. By participating in this travel program, you authorize AHI Travel, without providing compensation to you, or obtaining additional approvals from you, to include photographic and video recordings of you, as well as voice recordings included with any videos, in AHI Travel's sales, marketing, advertising, publicity and/or training activities.

RESPONSIBILITY-AHI Travel and the Sponsoring Association do not own or operate any entity which provides goods or services for this program, and act only as agents for the independent suppliers of travel conveyance, transport, accommodations or other services. All such persons or entities are independent contractors. As a result, AHI Travel and the Sponsoring Association are not liable for any negligence or willful act of any such person or entity or any third person. In addition and without limitation, AHI Travel and the Sponsoring Association are not responsible for any delays, delayed departure or arrival, missed carrier connections, loss, death, damage or injury to person or property or accident, mechanical defect, failure or negligence of any nature howsoever caused in connection with any accommodations, transportation or other services or for any substitution of hotels or of common carrier equipment, with or without notice, or for any additional expenses occasioned thereby. Dates, Program Details and Tour costs, although given in good faith and based on tariffs, exchange rates and other information current at the time of printing, are subject to change at or before the time of departure. No revisions of the printed itinerary or its included features are anticipated; however, the right is reserved to make any changes, with or without notice, that might become necessary, with the mutual understanding that any additional expenses will be paid by the individual passenger. Baggage and personal effects are the sole responsibility of the owners at all times. If the entire program is canceled for any reason, participants shall have no claim other than for a full refund. By forwarding the deposit, the passenger certifies that he/she has no physical, mental or other condition of disability that would create a hazard for himself/herself or other passengers and accepts the terms of this contract set out herein and in more specific pre-departure passenger information. The airlines and other transportation companies concerned are not to be held responsible for any act, omission, or event, during the time passengers are not on board their conveyances. The passage contract in use, when issued, shall constitute the sole contract between the company(ies) and the passenger and/or purchaser of this trip.

CANCELLATION-All cancellations for any reason will be subject to a \$300 per person administrative fee. You may choose, at the time of cancellation, to apply the withheld administrative fee to a future AHI Travel program that will operate in the current calendar year or year following. Cancellation from 120 days to 76 days prior to departure will result in forfeiture of 15% of the entire cost of the trip per person; 75-30 days, 50% of the trip cost per person; cancellation from 29 days up to the time of departure will result in 100% forfeiture of the entire cost of the trip. **TRIP CANCELLATION INSURANCE IS AVAILABLE. AN APPLICATION WILL BE SENT AFTER YOU RESERVE.** All cancellations must be submitted in writing to AHI Travel. **CANCELLATION OF TRIP OPTIONS**-Purchases of optional excursions, trip extensions and additional hotel nights become fully non-refundable 45 days prior to departure. Air transportation and private transfer purchases are subject only to penalties assessed by the airlines and transfer suppliers.



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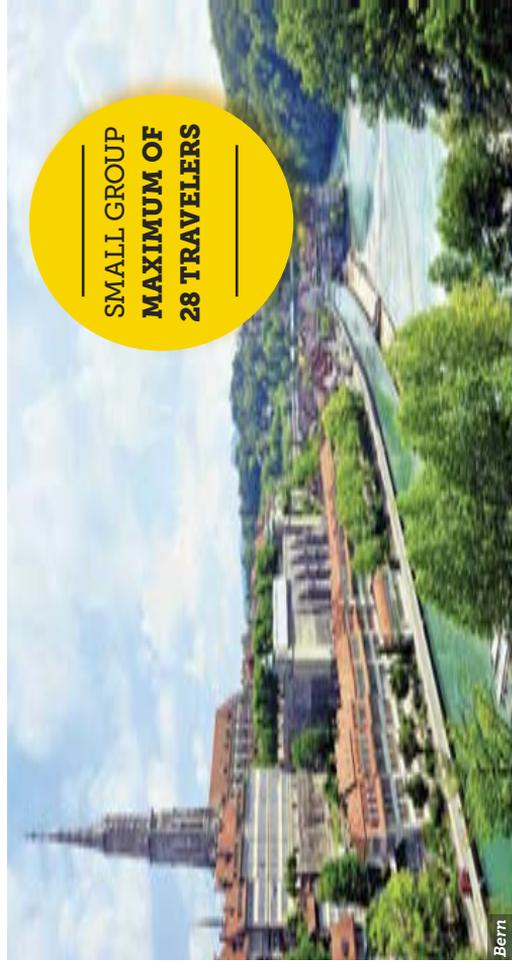
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Alpenhorns



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**SMALL GROUP
MAXIMUM OF
28 TRAVELERS**

Discover the treasures of Switzerland on this Alpine adventure!

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers.

With AHI you can rely on:

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



Please call or refer to our website for the most current program information, discounts and pricing.

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