Dynasties of China and Tibet
The Yangtze River and the Himalayas
May 11 to 25, 2019

Save $2000 per couple
Reserve by October 5, 2018
Dear Alumni & Friends:

The lofty and transcendent peaks of China and Tibet are steeped in centuries-old civilizations; pursuits of enlightenment and deep-seated traditions are still embedded in the dynamic daily life of citizens in the countries’ prospering cities. Here, the people’s reverence for ancestral customs has been passed on through dynasties and kingdoms and preserved from one generation to the next, influencing life today while providing an impetus for change and a springboard for the future.

Join us on this exceptional, custom-designed journey encompassing the breadth of China from the Himalayan “Rooftop of the World,” with three nights in Tibet’s seldom-visited city of Lhasa, through the dramatic and serene gorges of the Yangtze River. Experience the harmony of ancient culture and modern vitality in the historic neighborhoods of Old Shanghai, the imperial dignity of Mandarin Beijing, the dynastic treasures of historic Xi’an and the majestic Tibetan Buddhist “Sun City” of Lhasa.

Ideally located Five-Star hotels have been carefully selected for our land accommodations, including Shanghai’s legendary Fairmont Peace Hotel and the renowned Peninsula Beijing. Our three-night cruise aboard the deluxe Victoria Jenna travels the fabled Yangtze River from Chongqing to Maoping through captivating landscapes, monumental port cities and the sublime Three Gorges, where towering scenery creates a texture of silent majesty.

Visit eight UNESCO World Heritage sites during specially arranged, included excursions accompanied by experienced, English-speaking guides. Enjoy a private boat tour on the secluded Goddess Stream in the Wu Gorge and visit the extraordinary engineering marvel of the Three Gorges Dam. Engage with the people and traditions of China and Tibet to understand the true essence of the East—a modern-day earthly paradise, even more culturally profound and historically rich than the popular Shangri-La of the Western imagination.

This unforgettable small group program is an excellent value with an impressive and comprehensive itinerary. Reserve now while Early Booking Savings and space are still available, as this program sells out quickly.

Cordially,

Marguerite Ingalls Jones, A&S ’74, Bus ’88
Travel Program Director
Office of Alumni Relations
The Johns Hopkins University
Beijing, China

The former city of the Mongol, Ming and Manchu emperors, Beijing is one of China’s oldest citadels, replete with well-preserved, legendary sites and relics of imperial history. This thriving city of more than 20 million people, the country’s cultural and spiritual heart, is the ideal introduction to the dynamic narrative of ancient China.

Visit the UNESCO World Heritage-designated Great Wall of China, a symbol of imperial grandeur since 500 B.C. Constructed over the course of 2000 years, this imposing fortification once spanned more than 13,000 miles. From this historic border, marvel at sweeping views of China’s northern plains and valleys.

Walk through historic Tiananmen Square, expansive home to the memorial of modern China’s founder, Mao Zedong. Then, pass through the crimson Meridian Gate into the hallowed UNESCO World Heritage-designated Forbidden City, residence of Ming and Qing dynasty emperors for almost 500 years.

Inside, ascend the stone steps of the delicately hewn Hall of Supreme Harmony to explore ceremonial halls and royal apartments layered in imperial history, gilded rosewood and playful sinuous dragon carvings.

A veritable masterpiece of Chinese landscaping and a UNESCO World Heritage site, the Summer Palace was the retreat of 19th-century Empress Dowager Cixi. Admire jewel-encrusted furniture in Cixi’s private apartments and see her ornate Marble Boat. Then, cruise by small boat across Kunming Lake’s tranquil waters, which, along with Longevity Hill, form the key aesthetic features of the Summer Palace gardens.

“...a once-in-a-lifetime journey to eight cities. I truly believe that almost every single person in the group realizes we saw China as very few are privileged to do. GoPagan Travel Directors, the outstanding local guides, the hardworking and kind ship’s crew—they all were key to this incredible adventure.”

– Julie Nixon Eisenhower
See Chinese cosmogeny extraordinarily rendered in the Temple of Heaven, a UNESCO World Heritage-designated complex of religious buildings symbolizing the classic relationship between heaven and Earth.

Xi’an
Ancient Chang’an, known today as Xi’an, was China’s cosmopolitan capital for 11 dynasties. Here, at the fabled launching point of the Silk Road, many of the world’s great religions coexisted and camel caravans distributed Chinese and Eurasian goods and influence to the world.

Tour the exquisite Yangling Imperial Tomb, where thousands of figurines excavated from the 2100-year-old tomb of Emperor Liu Qi capture the essence of daily life during the Han dynasty, when the arts prospered as never before.

Visit the famous UNESCO World Heritage site of the life-size Terra Cotta Warriors, no two alike. In 1974, farmers digging a well unearthed this incredible archaeological discovery—one of the most momentous finds of the 20th century—an army of thousands of terra cotta warriors and horses maintaining a silent vigil over the tomb of Emperor Qin Shi Huang (259-210 B.C.).

This visionary monarch, the first ruler of a unified China, introduced a standardized writing system, reformed the legal code and commenced construction of the Great Wall, the greatest public works project of its era. The emperor lies buried in a skillfully crafted mausoleum, the product of 36 years and the efforts of 700,000 laborers. The tomb itself remains unexcavated, guarded by manifold charioteers, infantry, cavalry and horses. Each warrior bears his own distinctive, lifelike expression and trappings denoting his official rank.

In Xi’an, walk along the best-preserved medieval walls in China, and explore the lively Huimin quarter, infused with the rich heritage of merchants who traveled the Silk Road 1300 years ago. See the triple-eaved Bell and Drum Towers, where watchmen once signaled dawn and dusk with a bell and a drum, respectively.

Enjoy traditional jiaozi (Chinese dumplings)—a touchstone of Chinese culinary history—for dinner in a famous Xi’an restaurant.

Lhasa, Tibet
One of the world’s highest elevated cities at nearly 12,000 feet, Lhasa has been a captivating center of Tibetan Buddhism since the religion was introduced here in the seventh century.

The Historic Ensemble of Potala Palace, Norbulingka Palace and Jokhang Temple, all UNESCO World Heritage sites, are perched against a flourishing tableau of devout pilgrims, prostrating monks, colorful neighborhoods and medieval monasteries.

Atop rocky Red Mountain, ascend the stone staircase to a masterpiece of Tibetan architecture, Potala Palace, once the winter residence of the Dalai Lama, a towering 13 stories. See the ornately carved and painted ceremonial hall and throne of the Dalai Lama in the White Palace.
Farther up the mountain, visit the opulent chapels in the Red Palace, where jewel-laden monuments honor previous Dalai Lamas.

Just outside the city, the 15th-century Sera Monastery, one of the great educational centers of Gelugpa, or Yellow Hat—the most widespread order of Tibetan Buddhism—once housed more than 5000 monks. Observe the animated style of debate they practice each afternoon in the courtyard of Sera’s largest school.

The 18th-century Norbulingka Palace, built by the seventh Dalai Lama, contains the lush “Jeweled Park,” the largest garden in Tibet. The elaborate Jokhang Temple—Tibet’s most sacred building—was constructed in A.D. 647.

Outside the temple complex, fragrant incense perfumes the air and vivid silk robes and turquoise jewelry line the winding alleys of bustling Barkhor Square, where Tibetan monks spin prayer wheels and chant mantras. Lhasa’s only female Buddhist monastery, the Canggu Nunnery, is an oasis amid Barkhor’s activity; here, the residents welcome visitors to wander the brightly hued courtyards and listen to their rhythmic recitations.

**Chongqing, China**

Located at the confluence of the Yangtze and Jialing Rivers, this mountain city is known for its traditional teahouse culture and spicy Szechuan cuisine. In Chongqing’s zoo, see playful giant pandas—recently removed from the endangered species list—in specially designed gardens simulating their natural habitat.

**Yangtze Cruise**

Three Gorges/Three Lesser Gorges/
Three Gorges Dam

Cruise for three days aboard the **Victoria Jenna** amid the natural grandeur of the Three Gorges. Visit Shibaozhai, “Precious Stone Fortress,” a rocky promontory on the river’s north bank. Built into its side is the graceful Pearl of Yangtze, a 12-tiered red wooden pagoda rising 184 feet to a towering summit.

Pass through Kui Gate, the twin-peaked threshold into Qutang, the most dramatic of the Three Gorges. Admire the quiet beauty and sheer white cliffs of forest-flanked Wu Gorge, where the legendary Twelve Peaks crown misty Wu Mountain. Float gently through the hushed harmony of the Goddess Stream by private small boat and cruise through spectacular Xiling, the longest gorge, en route to the Three Gorges Dam.

From Maoping, visit the largest water conservancy project ever undertaken, the Three Gorges Dam. Considered a key to China’s modernization, it is the world’s largest power station.
The deluxe Victoria Jenna, custom-designed by a U.S. architectural firm, provides modern cruise comfort on the Yangtze River.

The 189 spacious, river-view Suites and Cabins, decorated in contemporary Chinese and Western styles, feature sliding glass doors that open onto a private balcony, perfect for viewing the stunning Three Gorges. Each also has air conditioning, a private bathroom with bathtub/shower, telephone, satellite television with English and international channels, safe, closet and hair dryer.

The Dynasty Restaurant serves breakfast, lunch and dinner featuring Chinese and Western cuisine with fresh local ingredients. Complimentary house wine and beer are included with lunch and dinner, while coffee, tea and soft drinks are available throughout the cruise. For your leisure time on board there are two lounges and three bars, Observation Deck, library, Wi-Fi access, gift shop, spa and beauty salon and fitness room. Shipboard entertainment and exercise programs feature traditional Chinese culture. There is a doctor on board. Laundry service is available.

The highly trained, English-speaking crew provide personalized, amiable service. Gratuities to shipboard personnel are included.

Shanghai
The metropolis of Shanghai is a rousing blend of innovation and tradition. Today, architectural landmarks, including the neoclassical Customs House and the China Merchants Bank building, dot the famed Bund waterfront; across the fabled Huangpu, see the bold high-rises and broad avenues of Pudong, Shanghai’s pulsing financial center; and tour the renowned Shanghai Museum, which houses a collection of ancient coins, including rare pieces from the central Asian kingdoms along the Silk Road. The rooftop of the Five-Star Fairmont Peace Hotel provides the perfect setting for the Farewell Reception, framed with breathtaking views of the city skyline along the Huangpu.

Dynamic Hong Kong
Post-Program Option
Experience the exciting contrasts and epic drama of Hong Kong, a thriving combination of nearly 5000 years of Chinese history and vibrant modern influence. Visit the ancient temples and gardens of the Tang Dynasty, still alive with tradition, and stroll through colorful markets, where the soul of the city is embodied today. Enjoy a sampan ride through the Aberdeen floating village, marvel at sweeping views from Victoria Peak and explore the Hong Kong Museum of History to see over 400 million years of archaeology, culture and historical development vividly outlined. Accommodations are for three nights in the Five-Star Kowloon Shangri-La Hotel. The Post-Program Option is at additional cost. Details will be provided with your reservation confirmation.
Included Features

**In Beijing, China**
- Three nights in the Five-Star Peninsula Beijing, centrally located near the Forbidden City.
- Full Western breakfast each morning.
- Welcome Reception and Peking duck dinner in the hotel.
- Visit to Tiananmen Square.

**In Xi’an, China**
- Two nights in the Five-Star Hilton Hotel, located within the ancient city walls.
- Full Western breakfast each morning.
- Visit to the Yangling Imperial Tombs, a unique discovery.
- Tour of old Xi’an, including the city’s inner walls, and the ancient Huimin quarter.

**In Lhasa, Tibet**
- Three nights in the Five-Star Shangri-La Hotel.
- Full Western breakfast each morning, one dinner featuring traditional Tibetan music and two lunches.
- Excursion to the 15th-century Sera Monastery.
- Visit to the serene Canggu Nunnery.

**In Chongqing, China**
- Visit to the Chongqing Zoo to observe giant pandas.

**UNESCO World Heritage Site Highlights**
- Excursion to the magnificent Great Wall of China; lunch is included.
- Walking tour of Beijing’s mysterious Forbidden City.
- Visit to the towering Summer Palace, including a small boat cruise around Kunming Lake, part of the palace gardens.
- Excursion to the 15th-century Temple of Heaven in Beijing.
- Excursion to the vast complex of the legendary Xi’an Terra Cotta Warriors.
- Visits to Lhasa’s Potala Palace, Norbulingka Palace and Jokhang Temple (including Barkhor Square).

**On Board the Victoria Jenna**
- Three-night Yangtze River cruise from Chongqing to Maoping, concluding with a tour of the Three Gorges Dam.
- Suite or Cabin with a private balcony.
- Welcome Reception and Farewell Dinner.
- All meals aboard ship.
- Complimentary house wine and beer served with lunch and dinner; complimentary soft drinks, coffee and tea throughout the cruise.
- Complimentary Executive Lounge access, including beer, wine and spirits one hour before dinner and Wi-Fi.
- T’ai chi exercise sessions scheduled throughout the cruise.
- Excursion to Shibaozhai to see its impressive wooden pagoda.
- Private boat cruise on the Goddess Stream in Wu Gorge.

**In Shanghai, China**
- Two nights in the historic Five-Star Fairmont Peace Hotel, located on the famous Bund waterfront.
- Full Western breakfast each morning.
- Farewell Reception.
- Panoramic tours of the famed Bund and Pudong districts.
- Visit to the renowned Shanghai Museum.

**Always Included**
- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to shipboard personnel, river guides, and local guides and drivers on included excursions and transfers.
- Complimentary bottled water in your Suite or Cabin aboard ship and on excursions.
- Tibet travel permit.
- Complimentary use of an audio headset during guided excursions.
- Hospitality desk in the hotels and aboard ship.
- Experienced Gohagan & Company Travel Directors at your service.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Chinese civilization originated along the Yellow and Yangtze Rivers during the Neolithic era, and for centuries, its culture, literature and philosophy flourished, with each dynasty and kingdom adding to its collective knowledge and heritage. Similarly, Tibet possesses a long and storied history of deep cultural tradition that formed along the Yarlung River Valley in the seventh century. Historic home of the Dalai Lama, Tibet’s remote location among the foothills of the Himalayan mountains holds an intriguing allure. The peaks of the Himalayas are sacred to Buddhism, the religion that serves as a powerful bridge between the physical and spiritual relationship of China and Tibet. Its teachings have played an influential role in the politics, economics, technology and art among Tibetans, Chinese and their neighbors through the present day. Yet, for hundreds of years, China and Tibet were insular countries, allowing only glimpses of their cultural richness to the outside world via the Silk Road, which further stoked the European’s imagination of exotic lands in the East. A mysterious land, one which Napoleon referred to as “a sleeping giant that would change the world when awoken,” China finally lifted its shroud in 1972. The reopening of China, and Tibet several years later, and the introduction of their ancient traditions to the Western world, vaulted the country into its current progressive nation status, which continues to be a spectacular transformation of the most populous, perhaps most culturally unique place on Earth.
## DYNASTIES OF CHINA AND TIBET RESERVATION FORM

**Send to:**
2019 Dynasties of China and Tibet  
The Johns Hopkins University  
c/o Gohagan & Company  
209 South LaSalle Street, Suite 500  
Chicago, IL 60604-1446  
(800) 922-3088 or (312) 609-1140

**For Johns Hopkins related questions, please call:**  
800-548-5481 or 410-516-0363.

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### LAND/CRUISE TARIFF excluding taxes*

<table>
<thead>
<tr>
<th>Cabin Category</th>
<th>Per person, based on double occupancy</th>
<th>Early Booking Tariff through October 5, 2018</th>
<th>Tariff after October 5, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Cabin with two twin beds or one queen bed. <em>Main Deck, forward and midship.</em></td>
<td>$4995</td>
<td>$5995</td>
</tr>
<tr>
<td>4</td>
<td>Cabin with two twin beds or one queen bed. <em>Promenade Deck, forward and midship.</em></td>
<td>$5795</td>
<td>$6795</td>
</tr>
<tr>
<td>3</td>
<td>Cabin with two twin beds or one queen bed. <em>Bridge Deck, forward and midship.</em></td>
<td>$6495</td>
<td>$7495</td>
</tr>
<tr>
<td>2</td>
<td>Executive Suite with two twin beds or one queen bed, larger sitting area. <em>Bridge Deck, aft.</em></td>
<td>$7995</td>
<td>$8995</td>
</tr>
<tr>
<td>1</td>
<td>Executive Suite with two twin beds or one queen bed, larger sitting area. <em>Observation Deck, aft.</em></td>
<td>$8495</td>
<td>$9495</td>
</tr>
</tbody>
</table>

**Deluxe Suite**

- Suite with two twin beds or one queen bed and a larger sitting area with sofa, chairs and writing desk. 
- Promenade Deck, forward. (limited availability)

- **Tariff:** $9495  
  
**Shangri La Suite**

- Suite with extra large private veranda having front and side views of passing scenery, including a table with two chairs, one queen bed. Jacuzzi tub with separate shower, and additional living area with sofa, dining table and chairs. Sleeping and living areas can be separated by a curtain. *Promenade Deck, forward. (limited availability)*

- **Tariff:** $9795  

**Singles are available in category 4 at $9295* and in category 2 at $12795* on or before October 5, 2018. Add $1000 for reservations made after October 5, 2018.**

**Additional costs:**
- Airfare Beijing/Xian, Xian/Lhasa, Lhasa/Chongqing and Yichang/Shanghai (internal program air) is $1365 per person additional and subject to change.
- *Taxes are an additional $210 per person and are subject to change.*

**Victoria Jenna** has been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

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**Dynasties of China and Tibet Reservation Form**

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**Program reservations require a deposit of $800 per person and $200 per person Dynamic Hong Kong Post-Program Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.**

**I/We will make my/our payment(s) by: (circle one)**

- **Check**
- **Wire Transfer**
- **Credit Card**
  - **American Express**
  - **Diners Club**
  - **Discover**
  - **MasterCard**
  - **VISA**
- **International Money Order**

**Card Number Exp. Date**

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**Signature as it appears on credit card**

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**Please make my/our reservation(s) in Cabin Category:**

1st choice _____ 2nd choice _____

- **Double occupancy**
  - (two twin beds)
  - (one queen bed)

- **Single accommodations.**

- **1** I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).  
- **2** I am reserving as a single but prefer to share accommodations.

- **Airfare from Shanghai to Hong Kong is at an additional cost.**

- **1/1 We want you to book my/our air, at an additional cost to be advised, from:**

- **FILL IN DEPARTURE CITY**

- **Economy Class**
- **Upgrade Economy Class**
- **Business Class**
- **First Class**

**Note: Airfare is subject to change and availability and is nonrefundable.**

- **1/1 We will make my/our own air arrangements.**

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**All FINAL PAYMENTS are required to be made by check or wire transfer by January 11, 2019.**

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One member of the traveling party is required to make a sustaining financial contribution of $50 or more to the Johns Hopkins Alumni Association within the fiscal year. Please visit www.alumni.jhu.edu/support.

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**Note: A small portion of the cost of your trip supports the Johns Hopkins Alumni Travel Program.**
RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITY: Gohagan & Company, the sponsoring associations/organizations, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (collectively “Gohagan”), do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities, aircraft and replacements, transportation companies, local ground operators, providers or organizers of optional excursions, food service or entertainment providers; All such persons and entities are independent contractors. If Gohagan is liable for any negligence or willful act or failure to act of any such person or entity or of any other third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, bites from or attacks by animals or insects or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely.

If due to weather, flight schedules or other uncontrollable factors, you are required to change your arrival, departure, or overnight accommodations, we will, to the extent possible, substitute similar accommodation at the same or lower cost. Additionally, we may substitute motorcoach transportation and guest lecture series (if applicable), are subject to change or cancellation. Ship schedules, port calls, hours of arrival and departure, sightseeing events, special programs and guest lecture series (if applicable), are subject to change or cancellation.

Gohagan reserves the right to substitute motorcoach transportation using hotels, local transportation companies and/or other means of transportation if necessary due to weather, water conditions or levels, other events of force majeure, mechanical or other conditions beyond the control of Gohagan. Gohagan is not responsible for any consequential or incidental costs sustained by the participant in the event transportation assignments are within the sole discretion of the hotel or cruise line.

Gohagan reserves the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Gohagan shall not be liable for any loss of any kind as a result of any such changes. Shipment, ports of arrival, departure, length of stay, sightseeing events, special programs and guest lecture series (if applicable), are subject to change or cancellation. Baggage is entirely at owner's risk. The right to return the cost of any purchased travel insurance. Gohagan is not required to refund the cost of any purchased travel insurance. Gohagan, however, is not required under these circumstances. Gohagan may cancel a trip (or an option) for any reason, without penalty.

Acts of war or civil unrest, insurrection or revolt, bites from or attacks by animals or insects or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely. Travelers requiring assistance must travel with a companion who will be responsible for handling equipment.

DISCOUNTED RESERVATIONS: Discounts apply only to those reservations requested by the offices of Gohagan in writing, accompanied by the required deposit, by October 5, 2018. In the event a “discounted” reservation must be cancelled, no “replacement” reservation can be substituted at the discounted rate. A “replacement” reservation is a new reservation and can be substituted only at the full-fare tariff. Cancellation penalties may apply.