



JOHNS HOPKINS
UNIVERSITY



The Way to Santiago
A Walking Tour in Northern Spain

May 11–23, 2018



JOHNS HOPKINS UNIVERSITY

Dear Johns Hopkins Alumni, Parents, and Friends,

For more than a thousand years, pilgrims have walked the Way of St. James, seeking enlightenment and adventure. Their destination was Santiago de Compostela, Spain, the city named for St. James and where he is believed to be buried.

We invite you to follow the Camino de Santiago next spring, on selective hikes along the most interesting sections of this celebrated walking trail. Follow ancient roads marked by scallop shells—the symbol of St. James—through medieval villages and lovely scenery, and enjoy exquisite cuisine, regional wines, and awe-inspiring architecture along the way. Daily walks average three and a half miles.

In Pamplona, take a walking tour of the Old Quarter, location of the Running of the Bulls. Drive to Roncesvalles for your first walk on the *Camino*, to the picturesque Basque village of Espinal. Savor regional vintages in medieval Laguardia, capital of the Rioja Alavesa wine region, and visit the lively university city of Logroño. South of Burgos, hear Gregorian chants performed by the monks of Santo Domingo de Silos and marvel at the 700-year-old *Codex Las Huelgas*. Admire unique buildings by Gaudí in León and Astorga before concluding in Santiago de Compostela to witness the famous incense-burning ritual at the cathedral and watch the sun set over Cape Finisterre, once thought to be “the end of the Earth.”

Space on this program is limited, so we urge you to contact us as soon as possible. We look forward to welcoming you in northern Spain on this unique program, co-sponsored with the alumni association of Vanderbilt University.

Sincerely,

Marguerite Jones, A&S '74, Bus '88
Travel Program Director, Office of Alumni Relations
Johns Hopkins University



TRIP HIGHLIGHTS

ENJOY an active program of peaceful walks through quaint villages and scenic woodlands

VISIT an innovative winery in the renowned La Rioja region for lunch and a tasting of award-winning vintages

DISCOVER historic cathedrals and palaces in Nájera, Burgos, León, and other ancient sites

LISTEN to Gregorian chant performed by the world-famous monks of Santo Domingo de Silos

SEE the artistic treasures of the 15th-century Cartuja de Miraflores monastery in Burgos on an after-hours visit

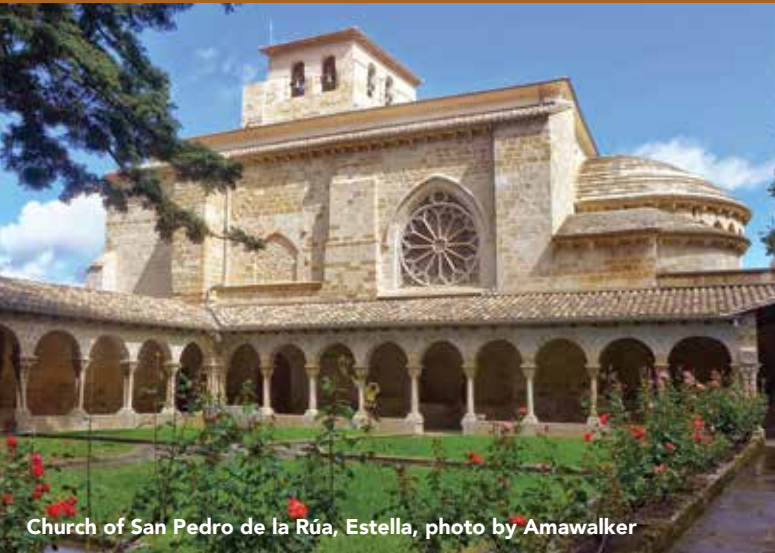
EXPERIENCE an optional midday mass at the magnificent Cathedral of Santiago de Compostela

ADMIRE the sunset at Cape Finisterre, once considered “the end of the Earth”

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Church of San Pedro de la Rúa, Estella, photo by Amawalker

FRIDAY, MAY 11: U.S. DEPARTURE

Depart the U. S. on an overnight flight to Pamplona via Madrid.

SATURDAY, MAY 12: PAMPLONA, SPAIN

Arrive in Pamplona in the late afternoon. Transfer to the Hotel Maisonnave, centrally located near Castillo Square. This evening meet fellow travelers and your study leader for an *apéritif* followed by dinner. D

SUNDAY, MAY 13: PAMPLONA

Attend a morning lecture before a walking tour of Pamplona's Old Quarter. After lunch, drive to Roncesvalles, one of the main entrances in Spain for the Camino. Each traveler will receive a *credencial* (pilgrim passport) to mark their route. Our first walk on the trail is from Albergue to Espinal across the fertile plains of the Río Ebro. Return to Pamplona, where the remainder of the day is at leisure. *Approximate walking distance: 4 miles.* B,L

MONDAY, MAY 14: PAMPLONA / LAGUARDIA

Travel by coach to the Romanesque Church of Santa María de Eunate, one of the jewels of the Camino. From there, walk a short distance on the Camino to Puente La Reina, a medieval town where the two main pilgrim routes converge. There will be time to explore the town and enjoy lunch on your own. Then drive to Estella to see the Palace of the Kings of Navarre and San Pedro de la Rúa with its beautiful 12th-century cloister. Continue to Laguardia, the historic capital of the famous Rioja Alavesa wine region, and check in to the Hotel Villa de Laguardia. Dinner is at a local restaurant, featuring regional cuisine and wines. *Approximate walking distance: 2.75 miles.* B,D

TUESDAY, MAY 15: LAGUARDIA

Following a morning lecture, drive to the lively university city of Logroño to see its lovely Old Quarter and the cathedral, which boasts a painting by Michelangelo. Lunch is at Bodegas Baigorri, where Rioja Alavesa is produced. Return to the hotel, where the remainder of the day is at leisure. B,L

WEDNESDAY, MAY 16: LAGUARDIA / BURGOS

Depart for Nájera, the former capital of the Kingdom of Navarre. Visits include the Monasterio Santa María de la Real, the burial place of many of the kings, queens, and knights of Navarre. Continue on the Camino to Azofra, then drive to Santo Domingo de la Calzada for lunch and a visit to the cathedral and Pilgrims' Hospital, declared a National Historic Interest Site. In Burgos, visit the Gothic abbey of La Cartuja de Miraflores. Check in at Hotel NH Collection Palacio de Burgos, our home for the next two nights. Dinner is at leisure. *Approximate walking distance: 3.6 miles.* B,L

THURSDAY, MAY 17: BURGOS

This morning discover the sumptuous Burgos Cathedral, the largest church in Spain and a UNESCO World Heritage Site. View its richly decorated chapels and the cloister. Then drive to the monastery of Santo Domingo de Silos, a masterpiece of Romanesque architecture, and experience a Gregorian chant performed by the world-famous monks of Silos. After a picnic lunch, walk along a delightful Camino path through an oak and pine forest leading to the peaceful valley of the Río Vena. Return to Burgos for dinner at the nearby Meson del Cid. *Approximate walking distance: 3.8 miles.* B,L,D



Walkers on the Camino trail, photo by Claudia Cumbo



Bishop's Palace, Astorga, photo by David Major

FRIDAY, MAY 18: BURGOS / LEÓN

Drive this morning to the village of Calzada del Coto to start a beautiful hike along this stretch of the Camino to Calzadilla de los Hermanillos. After a *tapas* buffet lunch at a popular pilgrim restaurant, continue to León. Check in to the Hotel Silken Luis de León. The afternoon is at leisure before dinner at a local restaurant.

Approximate walking distance: 5.4 miles. B,L,D

SATURDAY, MAY 19: LEÓN

Today, follow the Camino within the walls of León to discover Antoni Gaudí's architectural masterpiece, the neo-Gothic palace Casa de Botines, and the soaring 13th-century cathedral. Then see the Basilica of San Isidoro, the most important Romanesque church on the Iberian Peninsula. Lunch is at a famous local restaurant. The remainder of the day is at leisure.

Approximate walking distance: 1.3 miles. B,L

SUNDAY, MAY 20: LEÓN / VILAFRANCA DEL BIERZO

Your morning journey on the Camino leads from León into the glorious open countryside of the *páramo*. Then drive to Astorga, whose historic legacy is the result of its location at the crossroads of several major pilgrim routes. Admire Gaudí's Bishop's Palace before lunch, and continue to Ponferrada and the magnificent 12th-century Templar castle. Stroll on the Camino as it winds within the medieval section of Ponferrada. Check in at the Parador of Villafranca del Bierzo for an overnight stay. Dinner is at the hotel. *Approximate walking distance: 4.2 miles.* B,L,D

MONDAY, MAY 21: VILAFRANCA DEL BIERZO / SANTIAGO DE COMPOSTELA

See the historic sights of Villafranca del Bierzo before driving to Monte do Gozo for lunch. The spires of the magnificent Cathedral of Santiago de Compostela will be visible as you join other pilgrims walking the last few miles of the Camino. Check in to the Hotel Compostela in the heart of the city. Later, an optional excursion is arranged to "the end of the Earth" at Cape Finisterre (once thought to be the westernmost point on the Iberian Peninsula). Sip a glass of Cava as you watch the sun sink into the Atlantic. *Approximate walking distance: 2.9 miles.* B,L

TUESDAY, MAY 22: SANTIAGO DE COMPOSTELA

A morning walking tour includes the highlights of this historic town, a UNESCO World Heritage Site. At the cathedral, experience noon mass, where the famous *Botafumeiro* ritual will be performed specifically for our group. Lunch and the afternoon are at leisure. Gather tonight for our farewell dinner. B,D

WEDNESDAY, MAY 23: SANTIAGO DE COMPOSTELA / U.S. RETURN

Depart the hotel early this morning for the flight home. B

ADVICE FOR WALKING THE CAMINO DE SANTIAGO

Participants must be in good health and able to keep pace with an active group. They must be able to hike for up to six miles a day on uneven terrain; walk and stand for periods of two hours at a time; climb stairs at monuments (some without handrails) and other locations not handicapped accessible; and board a motorcoach unassisted. Any condition that may require assistance or special medical attention must be reported at the time of your reservation. For walks on the Camino, participants are advised to bring "broken-in" walking shoes or boots, a sun hat, and comfortable hiking attire.

This proposed itinerary is subject to change at the discretion of Johns Hopkins Alumni Travel and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.



PROGRAM RATE per person \$6,150
SINGLE SUPPLEMENT \$695

RATE INCLUDES

- Eleven nights accommodations as per itinerary
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, D=Dinner); bottled water and coffee/tea with all meals, thoughtfully selected wines at welcome and farewell dinners
- Airport/hotel/airport group transfers for all participants on suggested flights
- Enrichment program of lectures and special events
- Escorted sightseeing by private motor coach and entrance fees for included visits
- Taxes, service, and portage charges
- Gratuities to local guides and drivers

NOT INCLUDED IN RATE International airfare; passport fees; meals not specified; alcoholic beverages other than as noted in inclusions; personal items and expenses; airport transfers for those not on suggested flights; baggage in excess of one suitcase; trip insurance; any other items not specifically mentioned as included.



Arriving at Pamplona, photo by Alex Bikfalvi

JOHNS HOPKINS ALUMNI TRAVEL
THE WAY TO SANTIAGO ▪ MAY 11-23, 2018
RESERVATION FORM

To reserve a place, please contact Arrangements Abroad at phone: 212-514-8921 or 800-221-1944, or fax: 212-344-7493; or complete and return this form with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees) payable to *Arrangements Abroad*. Mail to: Arrangements Abroad, 1040 Avenue of the Americas, 23rd floor, New York, NY 10018-3721.

One member of the traveling party is required to make a sustaining financial contribution of \$50 or more to the Johns Hopkins Alumni Association with the fiscal year. Please visit www.alumni.jhu.edu/support.

Note: A small portion of the cost of your trip supports the Johns Hopkins Alumni Travel Program.

Name(s) in full as on passport(s). Please print.

Address

City

State

Zip

Telephone (home)

(business)

Fax

E-mail

ACCOMMODATIONS

Hotel room preference One bed Two beds Single (at a supplement of \$695)

I wish to share a room with _____

FORM OF PAYMENT

Enclosed is my check (payable to *Arrangements Abroad*) Debit card Credit card

Name on debit/credit card

Debit/credit card number

3- or 4-digit security code

Expiration date

I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this Program (see www.arrangementsabroad.com/terms to review or call for a copy). I/We agree to full payment 120 days prior to departure. Each participant must sign below.

Signature (required)

Date

Signature (required)

Date